

Fatigue and sleep management in transport





FG +0.0 SG +0.0 Time -10.00
Rear View

What can
NZI / Lumley do?



We want to help

We understand the importance of dealing with fatigue and sleep disorders for your business.

That's why if you are insured with NZI or Lumley you can access to a range of programmes to help you manage these issues, at no cost.



1. Stress and Fatigue Seminar

Educate your drivers about fatigue

- ▶ 90 minute seminar tailored to your organisation
- ▶ Focuses on causes and symptoms of fatigue and how to reduce them
- ▶ Personal reports provided
- ▶ One on one private consultation



2. Guardian System

Identify fatigue on the road

- ▶ Revolutionary technology fitted in-cab that identifies fatigue and instantly intervenes
- ▶ Face tracking to monitor lapses in attention, distraction and micro-sleeps
- ▶ In-cab alarms and seat vibration to alert the driver
- ▶ 24/7 monitoring. Dispatcher will be notified within 2 minutes if further intervention is required.

NZI/ Lumley offer free trials of Guardian. Including installing the technology, monitoring for 6 weeks and removing it if you don't want to keep it at the end of the trial



3. Fit for Duty sleep assessment

To determine whether your drivers have OSA and require treatment, NZI/ Lumley may subsidise Fit for Duty's individual sleep assessment for drivers.

This includes clinical consultation with a sleep physiologist or nurse and a home based sleep study using a wrist device.



If you're insured with NZI
or Lumley and are
interested in these
programmes contact:

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